# **Cerro Gordo County Joint Information Center**

#### COVID-19

































#### MEDIA RELEASE

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### **COVID-19 Joint Information Center Update**

#### **Data Snapshot**

- 21,096 total lab-confirmed cases of COVID-19 in Iowa (06/05/2020).
  - o 32 total lab-confirmed cases of COVID-19 in Cerro Gordo (06/05/2020).
- 591 deaths in Iowa
  - 1 death in Cerro Gordo
- 4,065 COVID-19 tests administered at the mobile testing unit (06/04/2020).

A status report of monitoring and testing of COVID-19 in Iowa, including county-level data, provided by the Iowa Department of Public Health can be found at <a href="https://coronavirus.iowa.gov/#CurrentStatus">https://coronavirus.iowa.gov/#CurrentStatus</a>.

#### Do Not Delay Necessary Medical Care During the COVID-19 Pandemic

During a pandemic preventative health, and care of chronic conditions, is still important. Your healthcare provider can follow the Centers for Disease Control and Prevention's guidance to keep you safe if you need inperson medical care. Here are a few things to consider when deciding to seek in-person care:

- **Stay home** If you are 65 years or older, or have underlying medical conditions, venture out of your house only if you require immediate in-person care.
- Stay in touch with your doctor Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other <u>emergency warning signs</u>, or if you think it is an <u>emergency</u>.
- **Follow Instructions** If you have a chronic condition, follow the instructions given to you by your medical provider.

For more information please visit <a href="www.cdc.gov">www.cdc.gov</a>, for information on what constitutes an emergency and emergency warning signs visit <a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html#seek-medical-attention">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html#seek-medical-attention</a>

#### Do Your Part, Help Restart Iowa Safely

The Iowa Department of Public Health (IDPH) and the JIC partners encourage you to do your part, help restart Iowa safely. With the reopening of businesses, zoos and amusements, bars, and restaurants, outdoor parks, and playgrounds, gyms, health spas, social and fraternal clubs, etc. It is important to do your part to keep our communities safe and help our economy thrive. Wherever you decided to visit it is important to:

- Practice social distancing
- Wash your hands often
- Avoid close contact
- Cover your mouth and nose with a cloth face cover when around others
- Cover coughs and sneezes
- Clean and disinfect frequently touched surfaces
- Monitor your health

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Together we can help stop the spread of COVID-19 and enjoy the many wonderful things that make our communities strong. For information on how to protect yourself and others from COVID-19 visit <a href="https://www.cdc.gov">www.cdc.gov</a>.

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